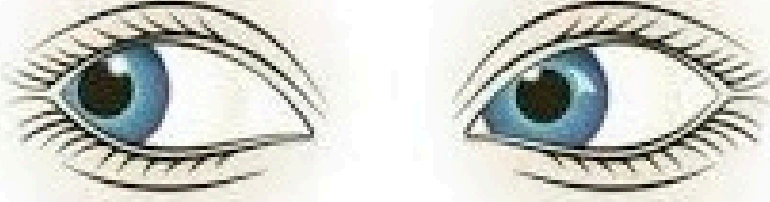
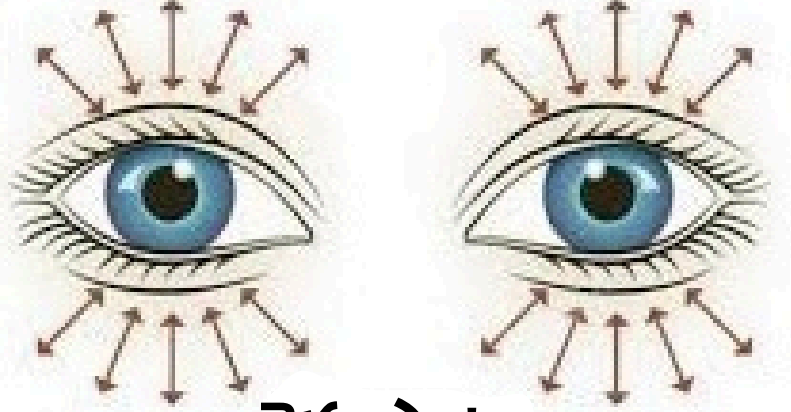


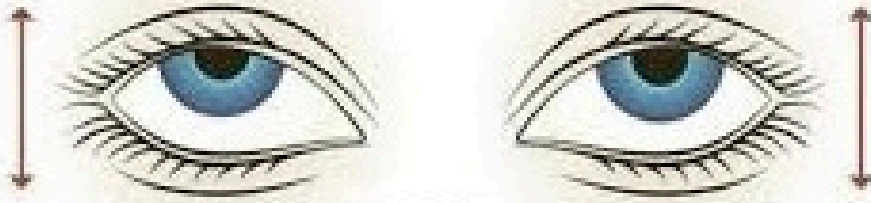
# రోజువారీ కంటి వ్యాయామాలు (Daily Eye Exercises)



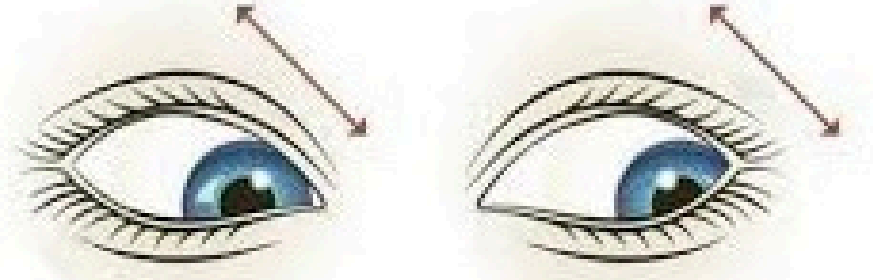
ప్రక్క ప్రక్కన



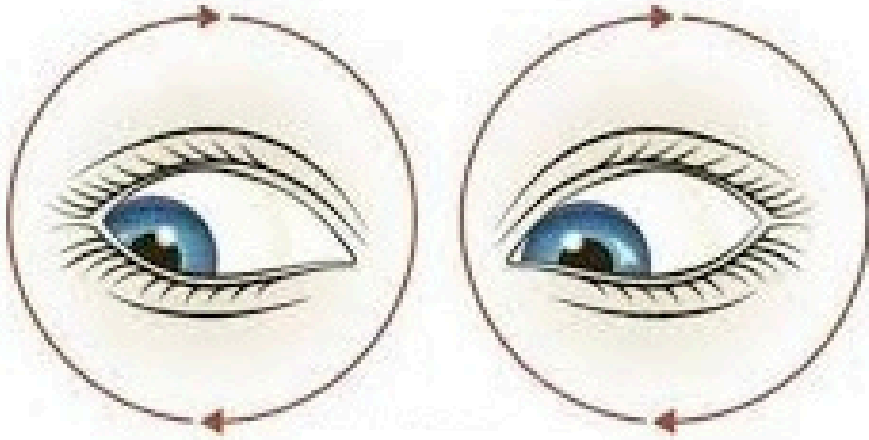
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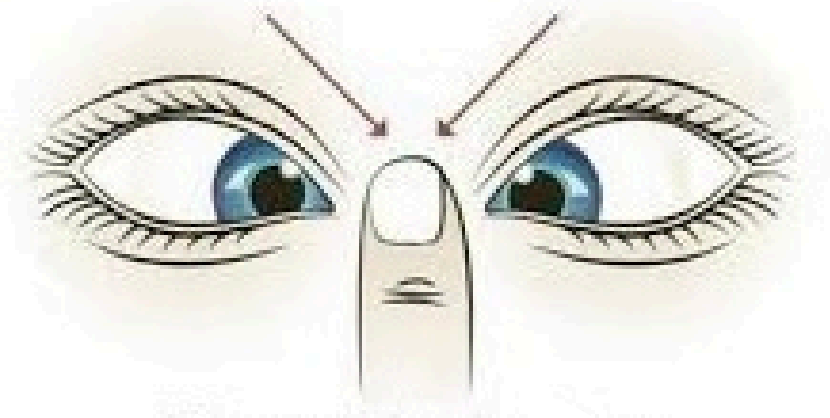
పైకి & క్రిందికి



పక్కకి



భ్రమణాలు



ముక్కు చిట్కా చూడటం

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UIN 19.2p2 (Telugu)